



Buddhist Pilgrimage Tour in Nepal



Self-Rising Tara (Dolma) Temple

The Self-Rising or Dolma Temple, also in Pharping, is a mystical site dedicated to Dolma, a compassionate manifestation of Tibetan Buddhism. Known for its self-manifested statue and tranquil setting, the temple attracts devotees seeking blessings for protection and compassion. Its peaceful ambiance facilitates inner reflection and spiritual renewal, making it a memorable visit for travelers interested in Tibetan Buddhist traditions.



Asura/Gurung Rinpoche Cave

This historic meditation cave is closely associated with Guru Rinpoche (Padmasambhava), the legendary tantric master who established Buddhism in Tibet and Nepal. It is believed that Guru Rinpoche meditated here, transforming negative energies into spiritual power. The cave remains a vital site for practitioners and spiritual seekers.



Vajrayogini/Dorjee Phakma Temple at Pharping:

The Vajrayogini Temple in Pharping is a significant tantric pilgrimage site dedicated to Vajrayogini, a multifaceted goddess revered for her fierce and compassionate aspects in Tibetan Buddhism. Located atop a hill, it offers breathtaking views and profound spiritual energy. The temple serves as a center for tantric practice and worship, offering visitors a deep spiritual experience rooted in empowerment, devotion, and mystical energy.

Why Must You Visit These Sites Once in a Lifetime?

- **Spiritual Connection:** These sites offer a rare opportunity for profound spiritual experiences, meditation, and inner reflection.
- **Cultural & Historical Significance:** They embody centuries of Himalayan Buddhist tradition and rich local legends.
- **Personal Transformation:** Visiting these sacred places can inspire inner peace, spiritual awakening, and personal growth.
- **Unique Experience:** Surrounded by serene landscapes and charged with divine energies, these sites provide a transformative journey beyond ordinary travel.
- A pilgrimage to Pharping's sacred sites can deeply enrich your understanding of Himalayan spirituality and leave a lasting impression on your soul.



Day 01/8 November 2025:

Self-Rising Temple, Asura Cave,
Vajrayogini Temple and Patan Durbar Square



7:00 AM: Breakfast: Your breakfast will be ready at 7: 00 AM in the Dining Hall. Before heading to breakfast, you must pack all the essential items for 8 Nov and 9 Nov 2025, and bring your bag up to the rooftop where the bus is parked. After that, you will go to the dining hall for breakfast. Your bag will be loaded onto the bus. You will receive your bag in the evening after arriving at the hotel. Therefore, you should pack your essentials for the day, such

as your mobile phone, camera, money, and clothes, in your small bag instead of the one that will go on the bus. The name of the hotel is **Mercure**, where you will stay for November 8, 2025. The hotel is 5*, and it is 2km from Boudha stupa, and here is the website for the details:

<https://all.accor.com/hotel/C181/index.en.shtml>

7:30 AM: Departure: The bus will depart from Lama Gaun Tashi Raptan Ling Monastery at 7:30 AM. Therefore, you need to come to breakfast on time. From the monastery to Pharping is 8km, and 30mins of drive will bring you to Pharping. Your tour will start from the **Self-Rising Tara Temple**. *Khen Rinpoche will explain about the sites on this tour.* You will perform puja, offer prayers, and offer butter lamps at each site on this tour.

Item	Price Range (NPR)
Butter Lamps	50 - 3,500

This is the general cost for each of the butter lamps at the sites.

Currency Notes Needed

For easy transactions during the tour, bring Nepali Rupees (NPR) in the following denominations: 50, 20, 10, 5, 100, 500, and 1000. This variety will help offer butter lamps and make small purchases.



Right, after checking out Self-Rising Temple, it is about a 10-minute hike up some stone steps to Asura Cave. Each party is allotted one hour for prayer, the performance of puja, and the lighting of butter lamps.

Subsequent to the Asura Cave visitation, a descent via stone steps, lasting approximately ten minutes, will lead to the Vajrayogini Temple.



After completing the Pharing tour, we will continue to **Patan Durbar Square**, there we will take our lunch, and after lunch we will continue to visit the 1000 Buddhas temple, Golden Temple, and Patan Durbar Square. After completing the Patan Durbar Square tour, we will conclude today's tour and head toward the hotel. It will be a 45-60 minute drive to the hotel. At the Mercure hotel, you will have the opportunity to relax and *experience spa* and *massage* services.

Day 02/9 Nov 2025:

Boudha Stupa & Swayambhu Stupe tour

Boudhanath Stupa, alternatively referred to as Boudha Stupa, stands as one of the preeminent spherical stupas within Nepal. Designated as a UNESCO World Heritage Site, it serves as a significant pilgrimage site for Buddhists. The stupa's expansive mandala is recognized as among the largest in South Asia.



- **Significance:** A central hub for Tibetan Buddhism in Nepal.
- **Atmosphere:** Characterized by a vibrant milieu, marked by the presence of prayer flags, rotating prayer wheels, and auditory elements of liturgical chanting.
- **Surroundings:** Encompassed by monasteries, establishments retailing Tibetan artifacts, and dining venues.

●



Swayambhu Stupa, colloquially known as the Monkey Temple, is an ancient religious complex situated atop an elevation in the Kathmandu Valley. A white dome distinguishes the stupa and a gilded spire adorned with the all-seeing eyes of Buddha.



- **Significance:** A historical religious site in Nepal, where both Buddhist and Hindu practices are observed.
- **Atmosphere:** Presents a distinctive confluence of religious piety and the presence of simian inhabitants.
- **Views:** Offers panoramic vistas of the Kathmandu Valley. Rationale for Visiting Boudhanath and Swayambhu Stupas.
- **Spiritual Experience:** Both stupas provide an environment conducive to experiencing profound tranquility and spiritual insights.
- **Cultural Immersion:** Observation of ritualistic practices, listening to chants and interaction with pilgrims facilitate a nuanced understanding of local culture.
- **Historical Importance:** These are venerable sites replete with historical and legendary narratives.
- **Architectural Uniqueness:** The distinct architectural attributes and symbolic representations inherent to the stupas are visually compelling.
- **Personal Reflection:** The tranquil setting allows introspection and a sense of interconnectedness with broader spiritual concepts.

In summation, despite the document initially referenced focusing on alternative sites, Boudhanath and Swayambhu stupas remain indispensable destinations for individuals pursuing a comprehensive appreciation of spirituality, culture, and historical context in Nepal.



Breakfast 7:30 AM

Here is a summary of the breakfast and packing instructions for November 9, 2025:

- Your breakfast today will be at 7:30 AM.
- Pack all essential items for November 9, 2025, before breakfast.
- Bring your packed bag to the bus parking area outside the hotel entrance gate.
- Have breakfast in the restaurant hall.
- Your bag will be loaded onto the bus and returned in the evening upon arrival at the Lama Gaun Tashi Rabten Ling Monastery.
- Keep daily essentials like a mobile phone, a camera, money, and clothes in a small bag separate from the one loaded onto the bus.

Here is an updated version of the itinerary incorporating the new details about the Boudha Stupa tour:

- **8:00 AM:** Tour starts. A 10-minute drive to Boudha Gate. Tour of Boudha Stupa commences. The Boudha Stupa visit is shorter than the other site visits. Ok. Here are some points about Boudha:
- **Post-Tour Time:** Time has been set aside after the tour for shopping and sightseeing, focusing on the available religious items.
- **Meeting Place:** Boudha is indeed a great meeting point.
- **Shopping:** It is ideal for shopping for religious items and clothes.

Lunch is **not provided** as part of the tour. You are free to choose a restaurant of your preference, with or without companies.

Here is a summary of the Swayambhu Stupa tour details:

- Meeting Time: 12:30 PM
- Location: To be determined later (likely near Boudha Stupa)
- Destination: Swayambhu Stupa
- Distance: 6km from Boudha
- Travel Time: 45-60 minutes by bus
- Activities: Puja, prayers, and offering butter lamps at the top of Swayambhu Stupa

Itinerary after Swayambhu Stupa Tour (November 9, 2025)



Activity	Details
Return to Lama Gaun Tashi Rabten Ling Monastery	Travel from Swayambhu Stupa to the monastery.
Dinner	Dinner will be served at Lama Gaun Tashi Rabten Ling Monastery upon return.
Rest	After dinner, proceed to the rooms for rest.

Tour and wishing to meet Rinpoche

November 9, 2025 (Pharping)

- Transportation will be arranged in the morning for those participating in the tour and wishing to meet Rinpoche.
- Transportation details will be shared later

165 USD per Person

Included Services:

- + Private vehicle (Lama Gaun-Pharping-Patan Durbar Square-Mercure Hotel) on 8 Nov 2025
- + Private vehicle (Mercure hotel-Boudha-Swayambhu-Lama Gaun) on 9 Nov 2025
- + 1- Breakfast, 1-Lunch & 1-Dinner
- + Accommodation in a quality 5* hotel with twine sharing basis in Ktm as per the itinerary [upgrade possible]
- + Entrance fees of all experience sites.
- + All government and local taxes

Excluded Services:

- Personal expenses
- Tips for teams, drivers etc.
- Lunch in Kathmandu
- Any alcoholic beverages, cold drinks and boiled water as well as snacks, deserts etc.
- Any other costs not specifically included. Please feel free to ask if in doubt